

Downhill Biking . Cross Country Tours . Leisure Rides . Mountain Crusing . City Tours . Valley Rides

Mountain Biking

Chiang Mai

MOUNTAIN BIKING CAPITAL OF SOUTH EAST ASIA



Downhill
Single
track !



FUN
Leisure Cycling!

guided
adventures

Cultural !



#	Trail Name	Location	Ability	Trail condition	Trail grade	km	Elev. drop	Duration	Availability	PAGE
= Suitable for most levels of riders Scenic Rides - technically easy to moderate (most popular)										
1	Eagles Route	Suthep National Park	easy	100% off road	xc downhill	25	1200m	9:30am-3:30pm	daily-rain or shine	19
2	Highlander Route	Suthep National Park	intermediate	100% off road	cross country/DH	35	1200m	9:30am-4:30pm	daily-rain or shine	21
3-x	Old Smuggler Route	Suthep National Park	intermediate	100% off road	cross country/DH	35	1200m	9:30am-4:30pm	daily-rain or shine	22
3a	Old Smuggler Route	Suthep National Park	intermediate	5% tarmac 95% off road	downhill	25	1200m	9:30am-4:30pm	daily-rain or shine	23
= Single Track Downhill - technically advanced to expert level (Down Hill Bikes included)										
4 x	Hunters Escape Route	Suthep National Park	intermediate	100 % single track	downhill	25	1200m	9:30am-3:30pm	daily-rain or shine	31
4a	Hunters Escape Route	Suthep National Park	beg/interm.	70% off road 30% single track	downhill	25	1200m	9:30am-3:30pm	daily-rain or shine	31
6x	ELIMINATOR 2	Suthep National Park	advanced	50 %off road 50%single track	circumnavigate Park	35	1200m	9:30am-6:30pm	daily-rain or shine	29
4c	Hunters Escape Route	Suthep National Park	expert/adv.	100% single track	100% downhill	25	1200m	9:30am-3:30pm	daily-rain or shine	31
4d	Hunters Escape Route	Suthep National Park	interm/adv.	100% single track	100% downhill	25	1200m	9:30am-3:30pm	daily-rain or shine	31
= Suitable for strong intermediate riders Chiang Dao Mountain Range (50km north of Chiang Mai)										
5	Himalayan Route	Doi Chiang Dao Park	intermediate	100% off road	cross country/DH	35	1500 m	8am-6:30pm	schedule-dry season	32
5a	Himalayan Route	Doi Chiang Dao Park	advanced	10% off road 90% single track	cross country/DH	30	1500 m	8am-6:30pm	schedule-dry season	32
5b	Himalayan Route	Doi Chiang Dao Park	advanced	10% off road 90% single track	cross country/DH	30	1500 m	8am-6:30pm	schedule-dry season	32
6	Eliminator Route	Doi Chiang Dao Park	advanced	70% off road 30% single track	cross country/DH	45	1500 m	8am-6:30pm	schedule-dry season	34
= Suitable for all levels of riders Leisure and Road Rides - technically easy										
7a-7e	City Cultural Ride	Chiang Mai City	easy	Road ride / off road	flat	15	0	9:30am-2:30pm	daily-rain or shine	5-9
8	Rain Forest Ride	East Valley Mountains	easy	30%off road 70% single track	cross country	20	150 m	9:30am-3:30pm	daily-rain or shine	17
9	Above Chiang Mai	Suthep National Park	easy	Road ride	downhill	20	1200 m	9:30am-3:30pm	daily-rain or shine	11
10	Above Thailand	Inthanon National Park	easy	Road ride	downhill	35	2000 m	9am-5:30pm	schedule-shine	13
11	Samoeng Loop	Suthep National Park	long ride	Road ride	cross country	90	700 m	8:30am-5:30pm	schedule-rain or shine	14
12	Mae Taeng Loop	Mae Taeng Valley	easy	Road ride	cross country	35	500 m	8:30am-5:30pm	schedule-rain or shine	15
= suitable for intermediate riders Multi Day Rides (intermediate level)										
13	2 Day Hike & Bike	Suthep National Park	intermediate	Hike single track/ride off road	hike uphill/ride DH	40	1200 m	9:30am-3:30pm	schedule-rain or shine	25
13a	1 Day Hike & Bike	Suthep National Park	intermediate	Hike single track/ride off road	hike uphill/ride DH	40	1200 m	9:30am-5:30pm	schedule-rain or shine	24
14	2 Day Highlander	Suthep National Park	intermediate	100% off road	1 day uphill/1 day DH	45	1200 m	9:30am-3:30pm	schedule-rain or shine	27
15	2 Day Himalayan	Doi Chiang Dao Park	intermediate	100% off road or single track	1 day uphill/1 day DH	40	1500 m	9:30am-3:30pm	schedule-dry season	33
16	3 Day Adrenaline Rush	1 Day Mountain Biking, 1 Day Rafting and 1 Day Rock Climbing with Chiang Mai's professionals will leave you with the best impression of Northern Thailand's natural playgrounds.								

Transportation:



Our 4 x 4 trucks get you to the top of even the remotest summits. With an elevation advantage we gear up and venture into the back country on the mountain trails of Northern Thailand.

Guides:



All trips are led by seasoned guides and instructors, who **all speak english**, are knowledgeable bike mechanics, have extensive mountain biking experience and are at home with the local trail system. Guides are always equipped with tools, spare bike parts, 1st aid kit and communication to base. These are the best biking buddies you can have when you need one.

Bike Equipment:



We provide Merida's Full Suspension and Hard Tails suitable for novices. Trek/ GT/ Merida Hard Tail Bikes are provided for advanced XC riders for optimum uphill performance. Mongoose Downhill Bikes for qualified advanced single track DH riders (trip # 4) are provided. All bikes are maintained in house by our guides so **100% bike safety** is guaranteed.

Safety gear provided:



Chiang Mai Mountain Biking provides all safety gear, such as knee pads, elbow pads, helmets, gloves and bike shirts for all rides and chest / back protectors for advanced trails.

A **safety briefing** on mountain biking is held before every ride, this is the time when we get to know you better and confirm that you have chosen the right trip for your ability level.



Lunch included:



Vegetarian meals are available. Lunch never tasted so good. Water is provided for all rides.

What to bring & wear:



Bring your camera, spare shirt, daypack can be provided. Wear shoes, shorts and T-shirt, if you only have Sandals we will provide shoes for you.

Spin Your Wheels

Mountain Biking
Chiang Mai

CROSS COUNTRY WITH MAJOR UPHILLS

Trip 6x **PAGE 29**

Trip 6 **PAGE 34**

Trip 15 **PAGE 33**

Trip 14 **PAGE 27**

Trip 12 **PAGE 15**

Trip 11 **PAGE 14**

OFF ROAD RIDE, SINGLE TRACK

2 DAY OFF ROAD RIDE

2 DAY OFF ROAD RIDE

ROAD RIDE

ROAD RIDE

CROSS COUNTRY DH WITH UPHILLS

OFF ROAD RIDE

OFF ROAD RIDE

OFF ROAD RIDE

ROAD RIDE

CROSS COUNTRY FLAT VALLEY RIDES

Trip 2 **PAGE 21**

Trip 3x **PAGE 22**

Trip 3 **PAGE 22**

Trip 7c **PAGE 7**

Trip 8 **PAGE 17**

Trip 7E **PAGE 9**

Trip 7D **PAGE 8**

Trip 7B **PAGE 6**

Trip 7A **PAGE 5**

DOWNHILL RIDES

HIKE & BIKE OFF ROAD RIDE Trip 13 **PAGE 25**

OFF ROAD RIDE

OFF ROAD RIDE

OFF ROAD RIDE

ROAD RIDE

ROAD RIDE

ROAD RIDE

Trip 5 **PAGE 32**

Trip 3a **PAGE 23**

Trip 1 **PAGE 19**

Trip 9 **PAGE 11**

Trip 10 **PAGE 13**

DOWNHILL SINGLE TRACK

Single Track RUN Trip 4 a **PAGE 31**

Single Track RUN Trip 4 x **PAGE 31**

Single Track RUN Trip New 4 c **PAGE 31**

XTREME DOWNHILL SINGLE TRACK

Single Track RUN Trip 5A **PAGE 31**

Single Track RUN Trip 4 D **PAGE 31**

Single Track RUN Trip 4 C **PAGE 31**

Single Track RUN Trip Ken's 4 C **PAGE 31**



= Beginner



= intermediate



= advanced



= expert

Choose Your Ride

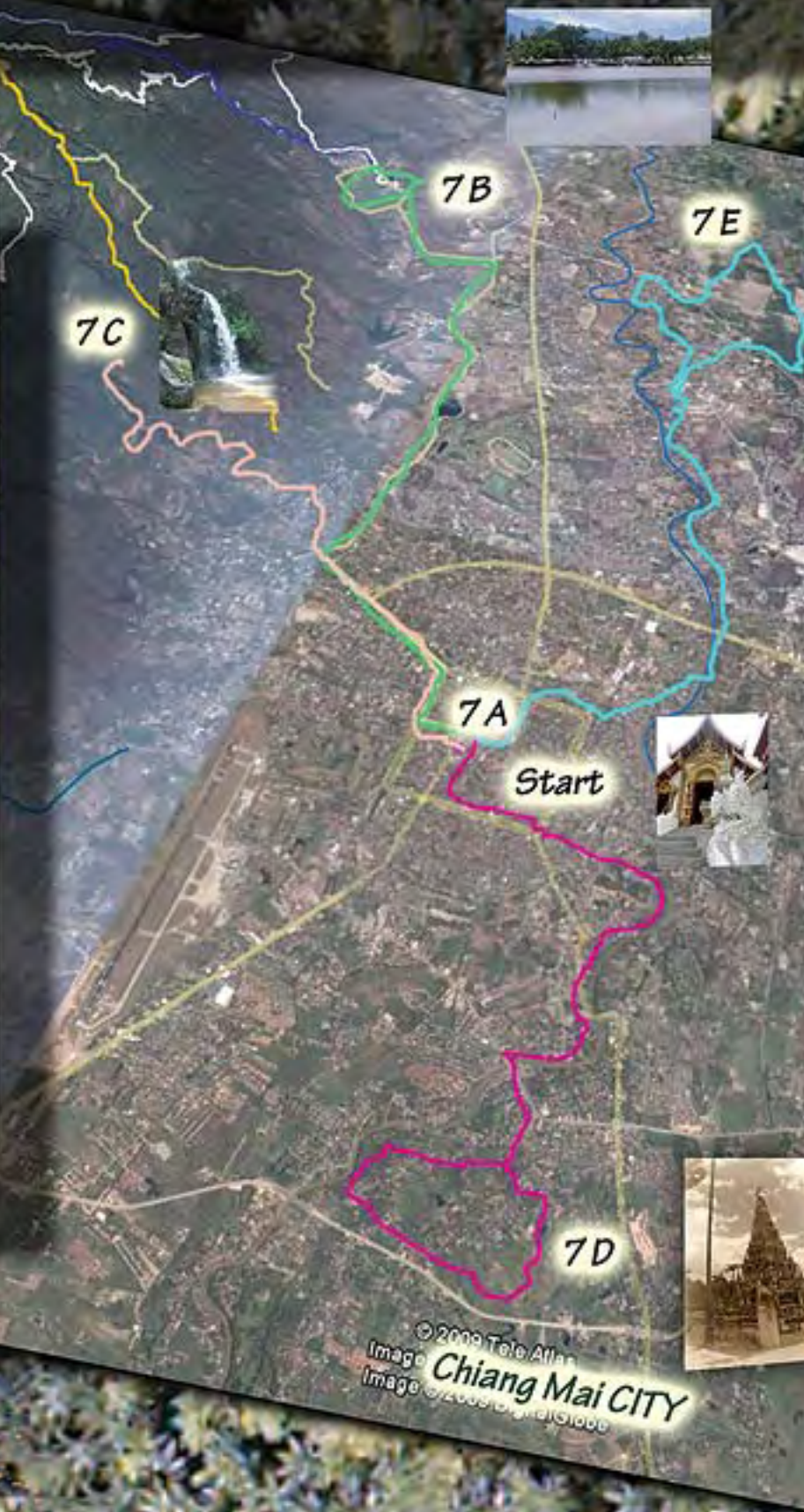
Doi Suthep National park (N/E) Side

Doi Pui Summit 1650 m

35 minutes drive to the summit



Chiang Dao mountain range 70 km (north of Chiang Mai)



Maps

Doi Suthep National park (S/W) Side

Doi Pui Summit 1650 m

Start

WatSuthep

Base

4X

4D

Base

3A

4B

Base

Base

© 2009 Tele Atlas

Doi Luang mountain range 25 km (east of Chiang Mai)

8

Start

© 2009 Tele Atlas

Mae Ping Valley

Google



Tarmac

OFF Road

Single track

We provide : The right bike for the right trail.

We take your FUN seriously !

Off Road



Helmet

All Mountain Bike



**Downhill
Single Track**

**Mongoose Black Diamond,
Gt, Chuang Downhill Bikes**

Elbow pads

**WE provide all the
SAFETY GEAR**

Chest protector

Gloves

Knee pads

Cross Country

Mountain Bike Hard Tail



Tarmac

Touring Bikes

Chiang Mai CITY TOUR

7a

Cultural
Ride

Trip Description

Experience Chiang Mai City's people, museums, temples and markets. Out of the way small lanes lead us through the neighborhoods of local Chiang Mai still historically intact. Chiang Mai's diverse traditions and culture will leave riders with an intriguing perspective of the City.

When: DAILY 9:30 am - 1:30 pm

All year rain or shine

Trip: City Tour

Location: Chiang Mai

Biking time: approx. 4hrs,

Flora: City trees, parks

Personal fitness: okay

Lunch, drinks included



Tarmac

City
Riding100%
FLAT

4 hrs

City
Bike

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type



7 b



Country
Ride

The Oxygen Escape to Lake Huay Tung Thao

Trip Description

Northwest of Chiang Mai along the base of the great Suthep mountain we ride to Huay Tung Thao. A popular lake with locals who like to visit the shore line restaurants, enjoying the fishing, swimming, cold drinks and more. You might be asked to eat small live shrimp caught right from the lake. After the customary ride around the lake and a hearty lunch, we head back to the small alleys of Chiang Mai.

When: DAILY 9:30 am - 2:30 pm

All year rain or shine

Trip: Chiang Mai to Huay Tung Thao

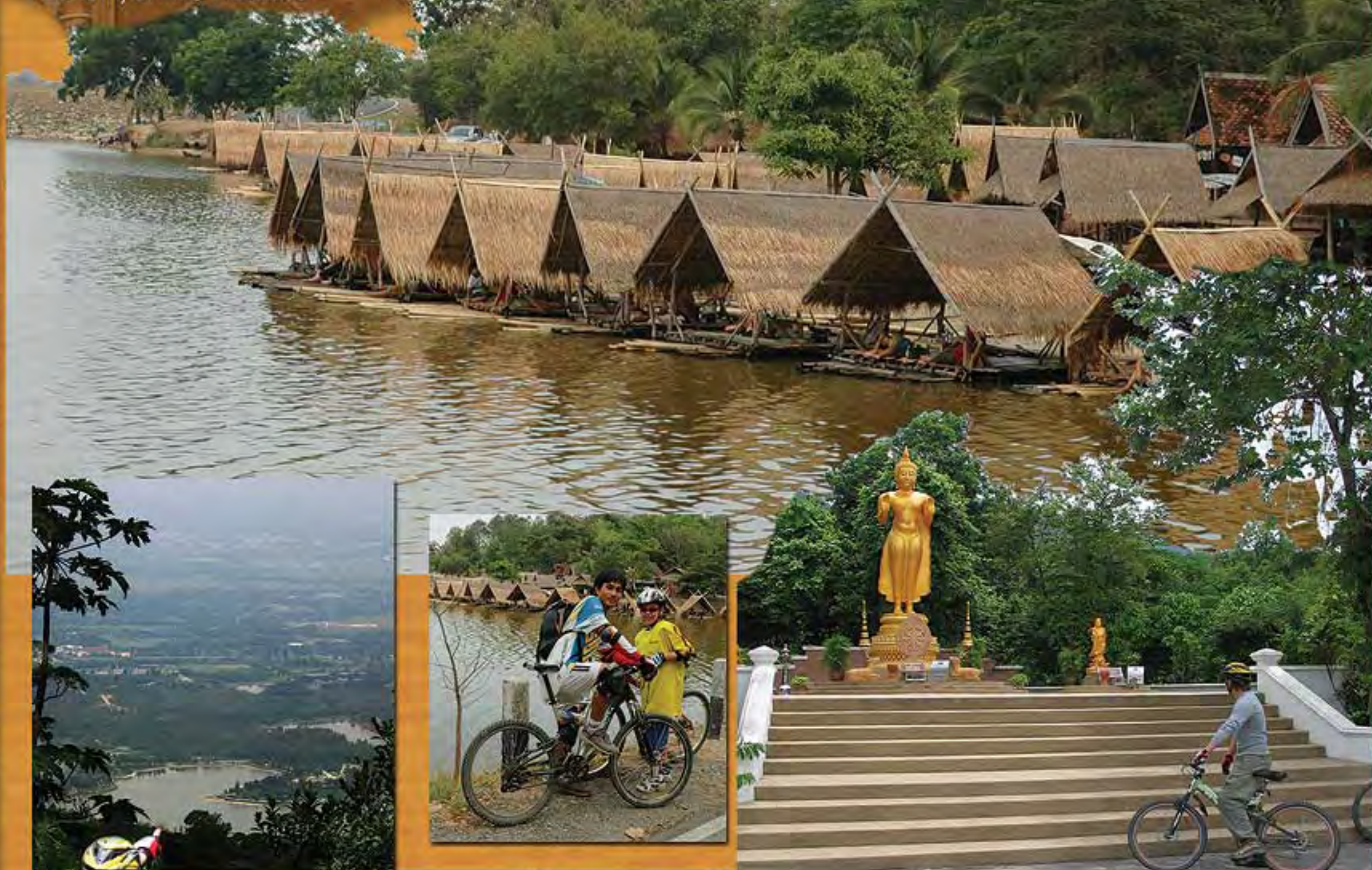
Location: Along the base of Suthep mountain,

Biking time: approx. 3hrs, 20 km

Flora: Mountain foot hills

Personal fitness: okay

Lunch , drinks included



Tarmac

Country
Riding

100%
FLAT

3 hrs

Touring
Bike

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type



7 c

Cultural
Mountain Cruise

The Mantha Than Waterfalls with Wat Suthep Option

Trip Description

West of Chiang Mai we climb up to Mantha Than Waterfall at the base of the famous Suthep mountain. This one takes some energy, but a cool dip at the falls makes it worthwhile. After a snack we cruise downhill then head south along the foothills, visit Wat Umong and enjoy the greener side of Chiang Mai City. For strong riders a 2 hr climb up to Doi Suthep temple is an option before heading back down to the Mantha Than Waterfall for a swim.

When: DAILY 9:30 am - 2:30 pm All year rain or shine

Trip: Chiang Mai to Mantha Than Waterfall

Location: Doi Suthep National Park

Biking time: approx. 4 hrs, 20 km

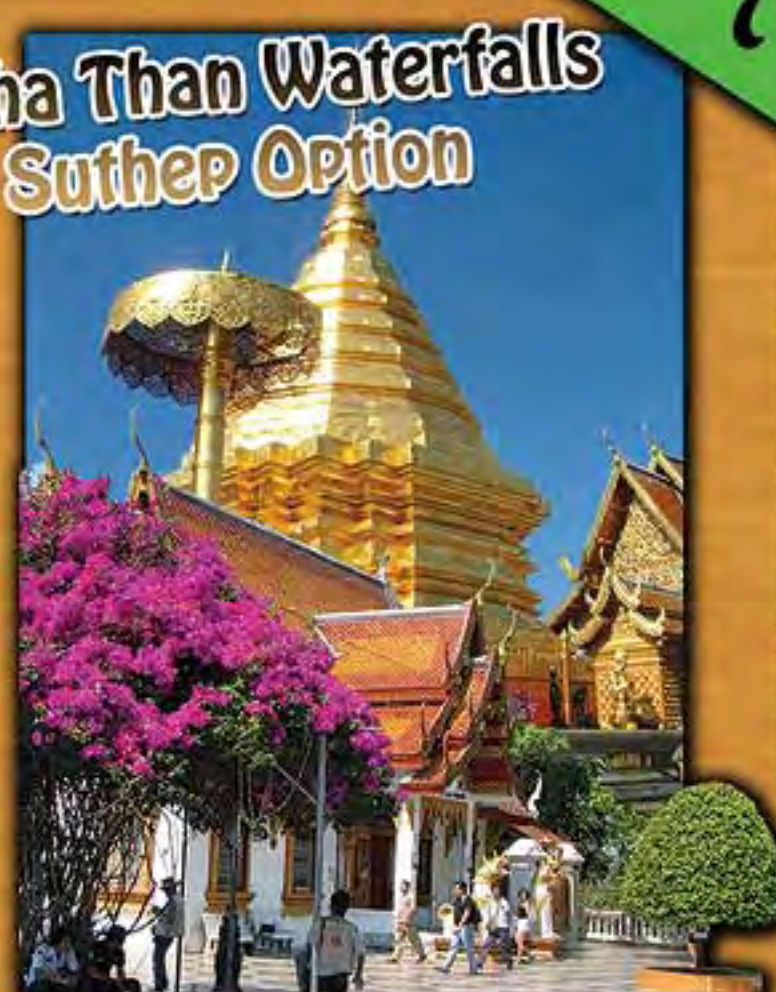
Flora: Jungle

Personal fitness: good,

Climb to Suthep temple: very good

Lunch, drinks included

Park Fee 200 thb



Mantha Than Falls



Tarmac

Touring

30% Down hill
70% Uphill3-4 hrs
20 kmTouring
Bike

Trail Grade

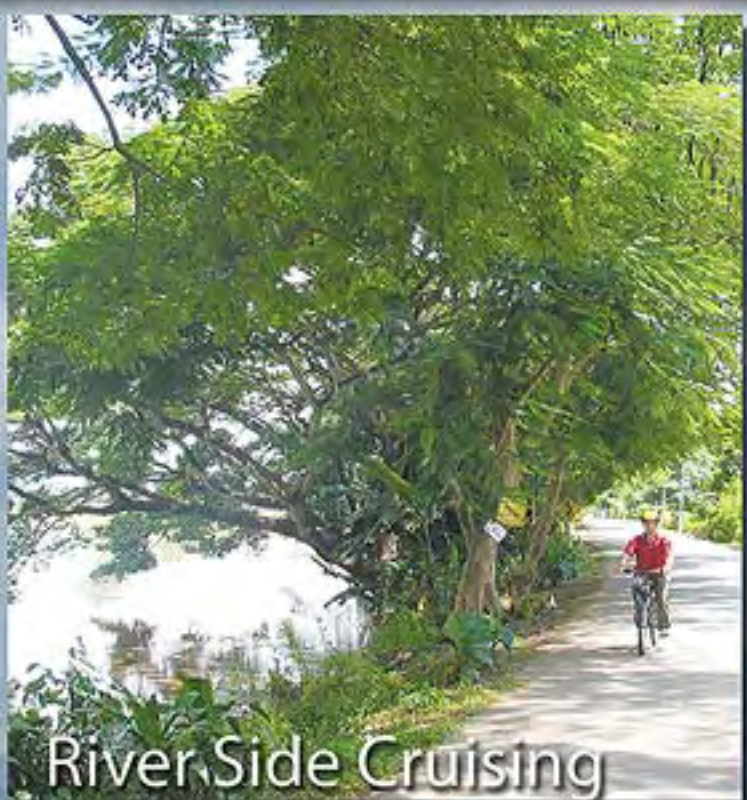
Trail type

Riding style

Time %

Riding Time

Bike Type



River Side Cruising

The River Ride Wiang Kum Kam

Join us on a leisurely ride along the Mae Ping River and experience the rural life around Chiang Mai, its charm and peaceful ambiance.

7 d



Leisure
Cycling



The River Ride , Wiang Kum Kam
As we navigate to the south of the city we cross the the River Ping to visit uncovered remains of an ancient city. Research concluded that this was the ancient city of Wiang Kum Kam, one of many fortified cities built by King Mengrai .

The Ride then continues lazily along the river enjoying the rural villages in the south of Chiang Mai .

The passing plantation remind us of the fruits in season that must be tasted.

When: DAILY 9:30 am - 2:30 pm

All year rain or shine

Trip: Ride along the River South of Chiang Mai , visiting Wiang Kum Kam City

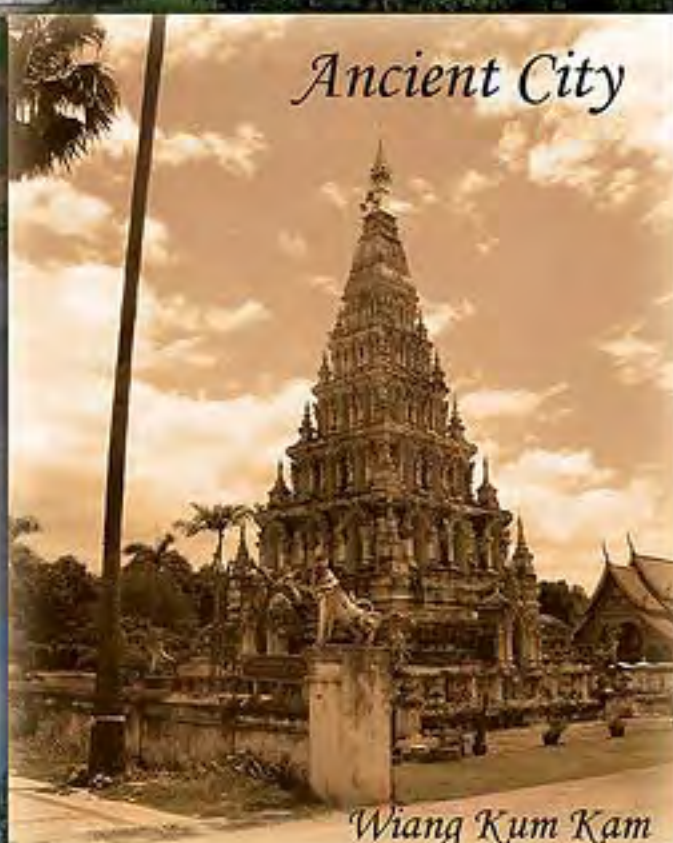
Location: South of Chiang Mai

Biking time: approx. 4hrs, 20 km

Fauna: Rice fields, River trees, Orchards

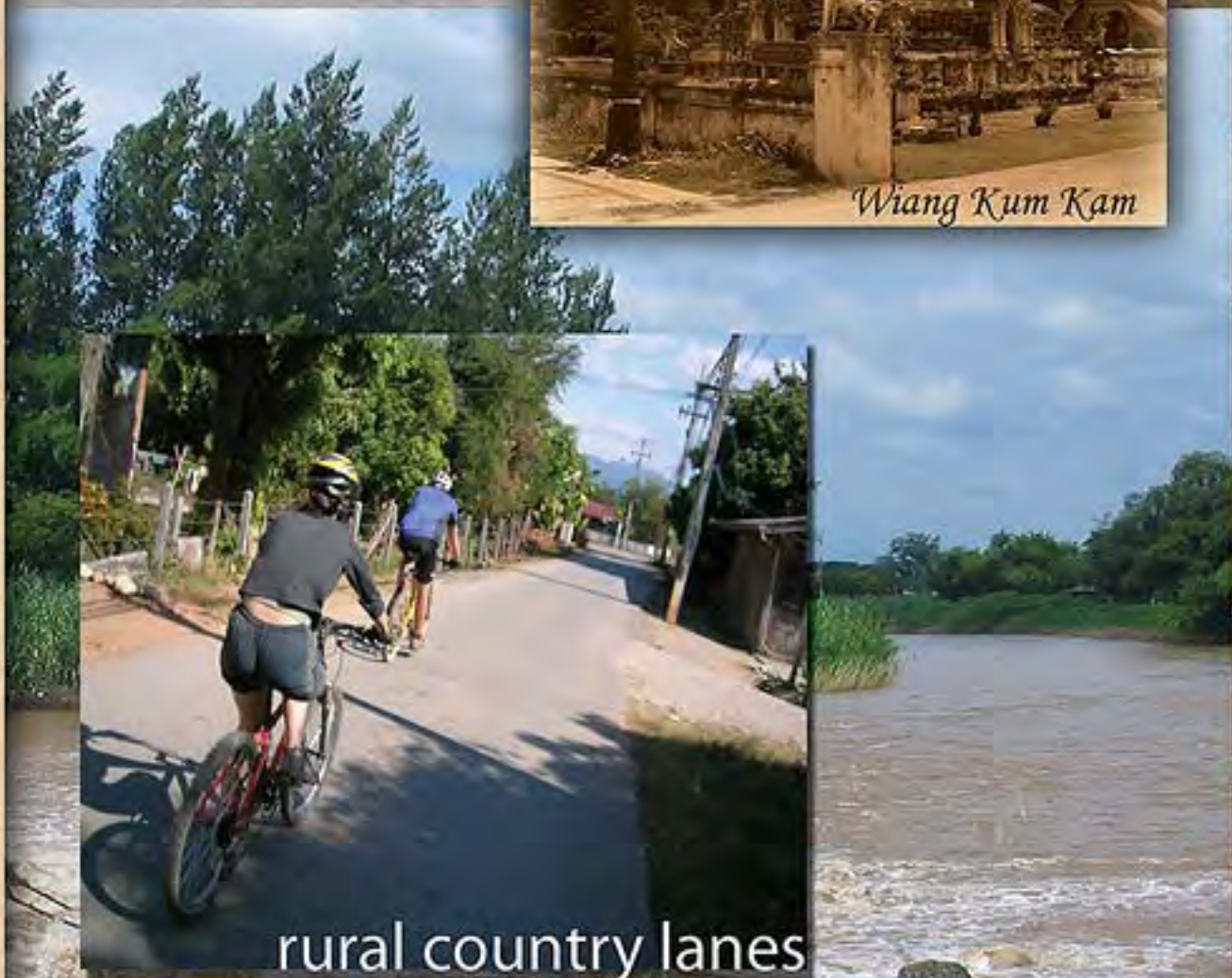
Personal fitness: okay

Lunch , drinks included



Ancient City

Wiang Kum Kam



rural country lanes



Tarmac

Leisure
CYCLING

100%
FLAT

3-4 hrs
20 km

City
Bike

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type

RICE FIELD VISIONS

7e

Country
Ride

Rice Field Visions

Riding north out of Chiang Mai along the Mae Ping river and then turning east puts us into the spectacular setting of the Mae Ping Valley. Riding through its rice fields we enjoy the wide open space of its rural lush farm land. Small Thai villages on the way provide great local food tasting.

When: DAILY 9:30 am -2:30 pm

All year rain or shine

Trip: Valley touring

Location: Mae Ping River Valley

Biking time: approx. 4hrs, 30 km

Flora: Rice fields, orchards

Personal fitness: good

Lunch , drinks included



Tarmac

country
Riding100%
FLAT

4 hrs

Touring
Bike

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type



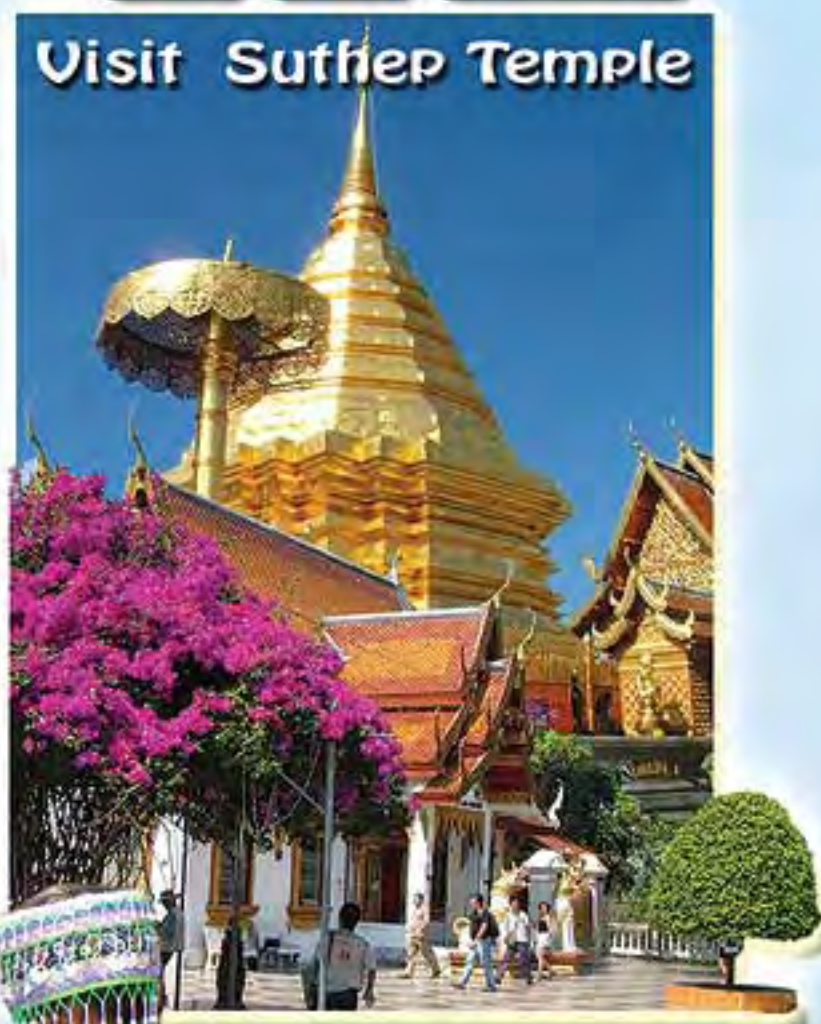
Above Chiang Mai Oxygen Ride

9



Cultural
Mountain Cruise

Visit Suthep Temple



Our truck loaded with bikes embarks on a journey to the top of Doi Pui.

From here, after getting setup we find ourself cruising on bikes down through the Suthep National Park, where we visit the Hill tribe Village, stop at the Queen's Palace, explore the famous Wat Suthep Temple and observe magnificent views of Chiang Mai City from way above, lunch at this altitude never tasted so good. When was the last time you heard the sounds of the forest riding on a bike?

When: 9:30 am - 3:30 pm. All year rain or shine

Trip: Doi Suthep National Park

Location: above Chiang Mai

Biking time: approx. 3 - 4 hrs, 25 km

Elevation change: 4000 feet (1200m)

Riding Conditions: 100 % downhill on tarmac

Flora: pine forest, highland Jungle

Levels: all abilities

Personal fitness: okay

Instructions: yes

Support Vehicle provided

(includes Lunch, all entry fees)

Get on a bike...
hear the sounds of the forest
breathe the fresh air



Tarmac

leisure
CYCLING

100 %
Downhill

3-4 hrs
25 km

Touring
Bike

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type

Trip 9



Hmong Tribe Handi-Craft



Visit the Hmong Village at the summit
shopping ok the truck is standing by



Find the secret Monastery above the village



refresh yourself



At the Palace , 1450m elevation



ABOVE THAILAND Doi Inthanon National Park

10



Cultural
Mountain Cruise

Ride from Top of Doi Inthanon

Everyone has to see the highest point in Thailand, but few experience the thrill of riding this National Park by bike. Between all the "important" must sees like the Stupas, waterfalls, highland forest and Hill tribe lunch you'll find yourself cruising down a smooth surface all the way to the valley floor.

When: 9:30 am - 5:30 pm. Schedule, shine

Trip: Ride from TOP of Doi Inthanon National Park

Location: 65 km south of Chang Mai

Biking time: approx. 3 - 4 hrs, 25 km

Elevation change: 2000m

Riding Conditions: 100 % downhill on tarmac

Flora: pine forest , highland Jungle

Levels: all abilities

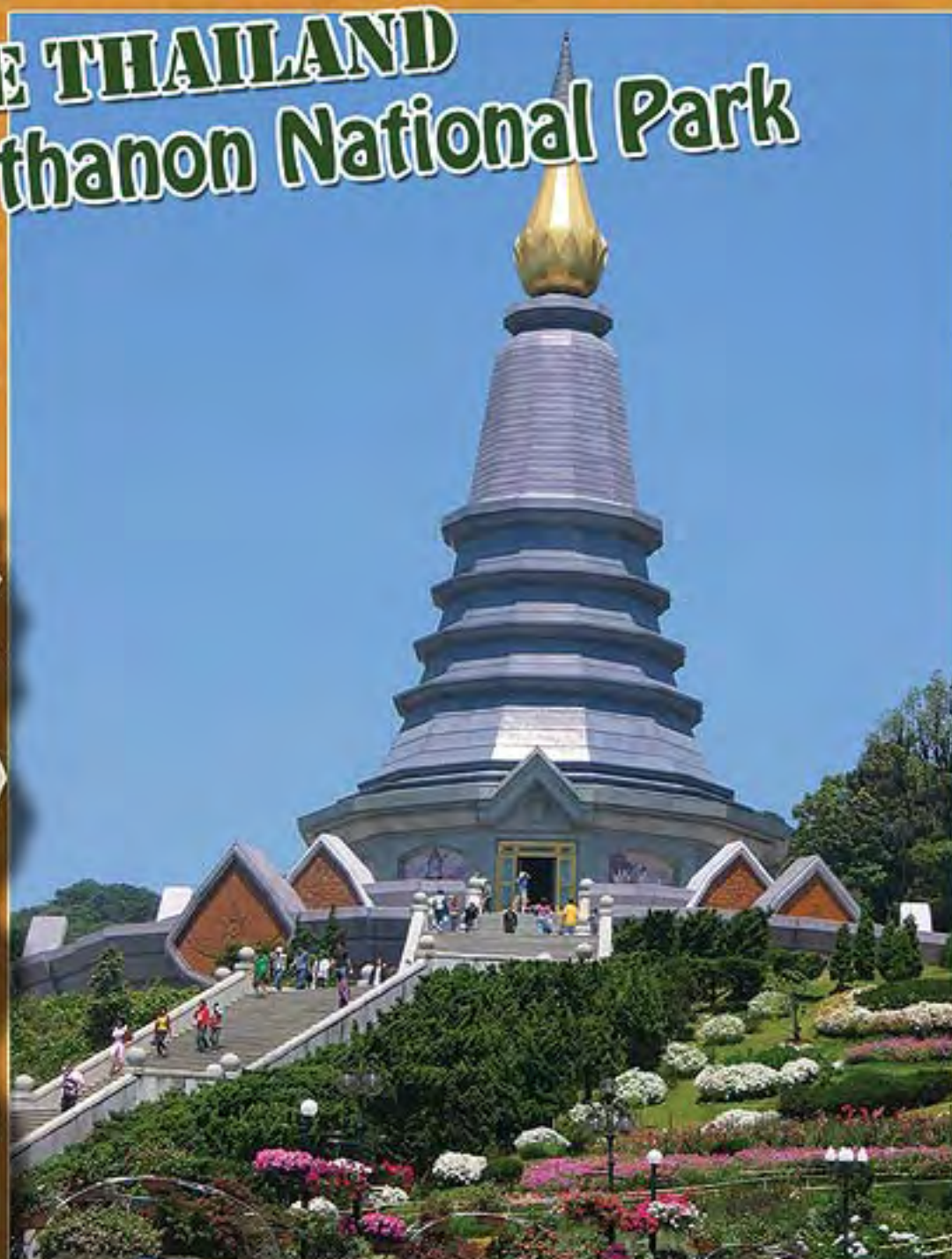
Personal fitness: okay

Instructions: yes

Support Vehicle provided

Lunch & drinks included

2 hr drive to Summit



The Queen's Napamaytanidol Chedi



2565m above sea level

Happiness:
measured by the amount of fresh air inhaled



Tarmac

**XC
Downhill**

**40% XC
60% Downhill**

**3-4 hrs
25 km**

**MTB
Hard Tail**

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type





The perfect way to see the park



refreshments anyone ?



Vachiratharn waterfalls





The Samoeng Loop

Circumnavigate Suthep National Park 90 km road ride

11



Mountain Road Ride

Trip 11

Samoeng Valley Views

The Samoeng Loop Challenge

The fit cyclist will long remember this 90 km (45km of that uphill) challenging loop starting in Chiang Mai around Doi Suthep Mountain with its idyllic countryside and interesting cultural aspects. Riders need plenty of endurance to brave the long and steep uphill encountered on this ride.

When: 8:30 am - 5:30 pm. All year rain or shine

Trip: Maesa Valley past Samoeng to Chiang Mai

Location: Around Doi Suthep National Park

Biking Time: 90 km, 5 hrs or more

Elevation change: 2000 feet

Riding Conditions: 50% uphill 50% downhill

Time %: 80% uphill 20% downhill

Flora: Lowland jungle to highland Fern forest

Levels: intermediate

Personal fitness: excellent !!

On the way to the top

Horses grazing roadside



Trail Grade

Tarmac

Trail type

Road Riding

Riding style

80% XC,Uphill
20% Downhill

Time %

5 - 6 hrs
90 km

Riding Time

Touring
Bike

Bike Type



THE MAE TAENG LOOP

The Mae Taeng Loop

In the remote area of the upper Mae Taeng Valley lies this forgotten road connecting Hill Tribe Villages in superb mountainscape. Great for fit riding groups and with full vehicle support provided makes this also a comfortable family ride. Elephant Camps in the area can be visited at the end of the ride.

When: 8:30 am - 5:30 pm. All year rain or shine

Trip: Mae Taeng past Sopkai & Mae Taman

Location: Mae Taeng Valley, 50km north of Chiang Mai

Biking time: approx. 5hrs, 35 km

Elevation change: 500 m

Riding Conditions: rural country, farm road,

Flora: tropical jungle, plantations, eucalyptus, pine forest

Levels: all abilities

Personal fitness: good

Instructions: yes

SUPPORT VEHICLE provided

12



Mountain
Cruising



Elephant Traffic

**Trip
12**



Experience Thailand the local way



Look mum, no hands



Trail Grade

Tarmac

Trail type

**cross
Country**

Riding style

**80 % XC
20% Downhill**

Time %

**5hrs
35 km**

Riding Time

**Touring
Bike**

Bike Type

THE RAIN FOREST JUNGLE RIDE

8



Rain Forest
Ride

Rain Forest Jungle Ride

One of our favorite cross country jungle rides leaving the unexpected traveler with a long lasting impression of the pristine countryside of Northern Thailand. Especially in the rainy season when the forest comes alive. This ride is often sought after by families due to the flexible length and ease of the route. Riding alongside the clear lake at the park is an invitation for a swim. We sometimes run into gibbons at Wat Doi Luang, like the one above.

When: 9:30 am - 3:30 pm. All year rain or shine

Trip: From Lake Luang into deep jungle, to the Mae Ping River Basin

Location: Doi Suket... to Mae Ping River

Biking time: approx. 3 hrs - 4 hrs, 20 - 30 km

Elevation change: 300 feet

Riding Conditions: rural country, farm road, single track, lakeside riding

Flora: tropical jungle, plantations, eucalyptus, pine forest

Levels: all abilities

Personal fitness: okay

Instructions: yes



Single track
Off Road

country
Riding

100%
xc riding

3-4 hrs

MTB
Hard Tail

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type

Best Rain Forest Jungle Route

**Trip
8**



Fun for all ages on this trail



A favorite with school groups



well deserved dip in the lake



Trying out the local cuisine



THE EAGLES ROUTE

Cultural . Scenic .
Adventurous .

1



Scenic
Downhill
Ride



Lunch at the lake



Take your time on this ride



Visit the Hmong Village
A scenic ride through forest, plantations and Jungle



Great for the casual rider
& motivated beginner

Riders arriving at the lake can take a well deserved dip,
go kayaking , explore or just reflect on the days events



Destination : Lake Huay Tueng Tao



Off Road

XC
Downhill

20% XC
80% Downhill

4 hrs
25 km

MTB
Hard Tail

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type





Trip 1



The Eagles Route*

Chiang Mai's favorite mountain bike ride.

Our trucks bring the bikes and us to Doi Pui summit (1650m), the highest peak around Chiang Mai. After getting setup at the summit we descend through Doi Suthep National Park which presents us with great views of the Mae Ping Valley below. The relatively easy to ride dirt road but with plenty "eye opening" sections makes this a great beginner ride. Your guide who stays in tune with the group will allow plenty of rest stops on the way to base at the Lake. This route will allow the rider to focus on the sport and at the same time enjoy the beautiful surroundings.

At Lake Huay Tung Thao we devour a well deserved lunch and possibly take a refreshing swim.

* On this ride Beginners can expect personal instructions in basic mountain biking skills.

When: DAILY 9:30 am - 3:30 pm. All year rain or shine

Trip: Doi Pui to Huay Tung Thao Lake

Location: Suthep mountain 5400 feet elevation, above Chiang Mai

Biking time: approx. 4 hrs, 25 km (off road)

Elevation change: from 5400 feet (1600 m) to 1200 feet

Riding Conditions: 90% downhill, rarely used dirt road

winding around the Mountain through the National Park

Flora: pine forest, jungle, plantations

Levels: motivated beginner,

Personal fitness: okay



At the coffee plantation

Shaded by the large trees of the park the rider enjoys a cool journey. The silent motion of the bike allows the rider to experience the breath of the forest

THE HIGHLANDER'S ROUTE ☼

Doi Suthep National Park

START

technical riding

Scenic Point

easy riding

2



XC RIDE
extensive

great views !



FRESH AIR



Uphill achievements



back to civilization

Highland Jungle Riding

The Highlander Route

Doi Suthep's Park at its finest. Starting from the summit we ride off road which changes to to challenging single track leading us deep into a highland jungle gorge, a long and physically demanding climb out on double track and finally followed by a lengthy downhill rewarding us with great views .

You should be a seasoned biker and in good condition to tackle this ride. The scenery, view points and jungle scapes make up for the leg burn .

When: DAILY 9:30 am - 4:30 pm. All year rain or shine

Trip: Doi Pui to Mae Sa Valley

Location: Suthep mountain 5400 feet elevation, above Chiang Mai

Biking time: approx. 4 hrs, 35 km (off road)

Elevation change: from 5400 feet (1600 m) down to 3200 feet up to 4100 feet and down to 1200 feet

Riding Conditions: rarely used dirt road / single track

Riding Time % : 75 % x-country, 25 % Downhill

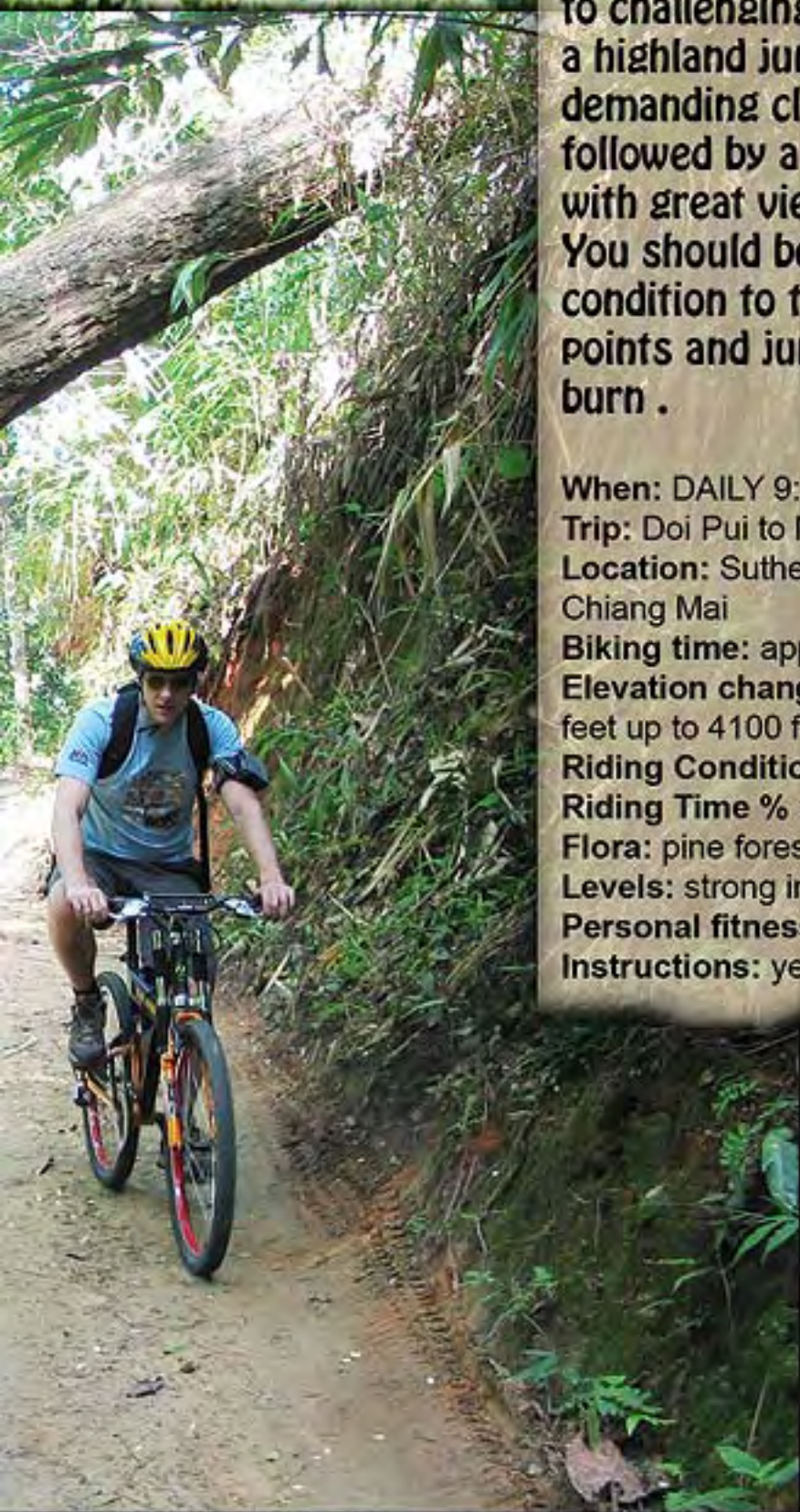
Flora: pine forest, jungle, plantations

Levels: strong intermediate through advanced

Personal fitness: excellent

Instructions: yes

**Trip
2**



Trail Grade

Off Road

Trail type

**XC
Downhill**

Riding style

**75% XC
25% DH**

Time %

**4hrs
35 km**

Riding Time

**MTB
Hard Tail**

Bike Type



Doi Suthep National Park, north east side
1650m elev.

THE OLD SMUGGLERS ROUTES

at Doi Suthep National Park



3



Cross Country
Downhill

Chiang Mai 370 m



**Trip
3**

The Old Smugglers Route

Traversing and climbing along the remote mountain tops of the National Park we enjoy scenic rides with challenging downhill sections into the Mae Ping Valley.

Hands down these are the most popular XC mountain bike routes in the Chiang Mai area. Depending on your fitness level you'll be able to adjust your ride on the way to join the group best suited for your ability level. From routes 3m to 3x you'll get to enjoy the best Doi Suthep National Park has to offer.

When: DAILY 9:30 am - 4:30 pm

All year rain or shine

Trip: Doi Pui to Mae Sa and Samoeng Valley

Location: Suthep mountain, 5400 feet elevation, above Chiang Mai

Biking time: approx. 4hrs, 35 km (off road)

Riding Time %: 70 % x-country, 30 % Downhill rarely used dirt road

Elevation change: from 5400 feet (1600m) down to 1200 feet (400 m)

Flora: pine forest, jungle, plantations

Levels: 3 m" , 3" intermediate xc riders

3 x" strong XC riders



Feel the burn

A great day in Thailand's back country



Off Road

Trail Grade

XC
Downhill

Riding style

60% XC
40% Downhill

Time %

4 hrs
35 km

Riding Time

MTB
Hard Tail

Bike Type

Doi Suthep National Park, south west side

Start

Hmong Village

Scenic point

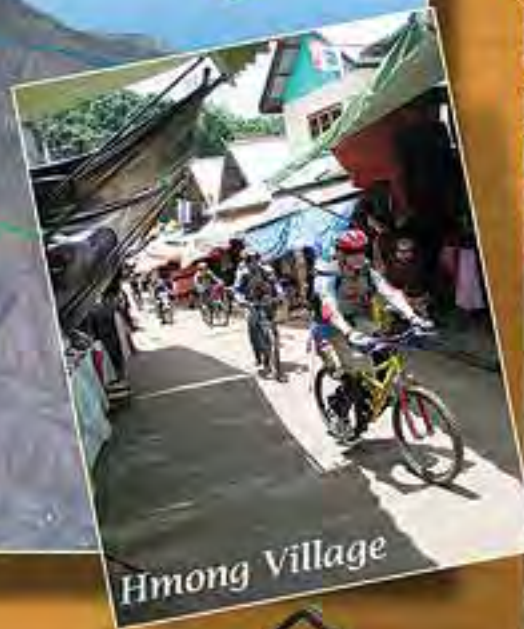
Waterfall

Base

3a



Downhill



Hmong Village

**Trip
3a**


Waterfalls on the way to the valley

3a is a favorite with intermediate riders and motivated beginners looking for a mountain adventure and a cultural experience as well, with mostly downhill sections, we have plenty of time to enjoy waterfalls and view points on the way. Some technical riding at times will challenge the motivated beginner and keep the more advanced rider alert. Instructors are on hand to further your skills.

When: DAILY 9:30 am - 4:30 pm All year rain or shine

Trip: Samoeng Valley

Location: Suthep mountain, 5400 feet elevation , above Chiang Mai

Biking time: approx. 3 - 4hrs, 30 km (off road)

Riding Time % : 50 % x-country, 50 % Downhill rarely used dirt road

Elevation change: from 5400 feet (1600m) down to 1200 feet (400 m)

Flora: pine forest, jungle, plantations

Levels: 3 A = motivated beginner to intermediate

Personal fitness: good



DOWNHILL !!

Great views



Off Road

XC
Downhill50 % XC
50% Downhill3- 4 hrs
30 kmMTB
Hard Tail

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type

Mountain
Biking
Chiang Mai

13a



HIKE
& BIKE

Hike & Bike Adventure

*Hike up to Doi Pui Summit & Ride down to
Lake Huay Tung Thao*

We hike up to the old Hmong hill tribe village at Doi Pui National Park summit area. The trek takes us through stunning highland jungle with the huge primary "Mai Yai" tree indigenous to this area. After 3 hrs steady walking we reach our destination. Our bikes & gear are already awaiting us at the hill tribe village.

From here (1400m elev.) after a well earned lunch break we descend through the National Park by bike to Lake Huay Tung Thao (370m) elev. Depending on your ability level you can choose between off road (fire road) or single track, either way, in contrast to the hike up, gravity rewards us now with a cool ride down with views of the Mae Ping valley.

When: 9:30 am - 5:30 pm. All year rain or shine

Trip: Trek up Doi Pui Mountain to Hmong village

Off road ride down to Lake Huay Tung Thao.

Location: 20 minute drive Doi Suthep National Park Trail head

Biking/Trekking Time: 15 km trek 3.0 hrs (1000m elevation uphill)
2 - 3 hrs downhill riding

Elevation change: 4000 feet

Riding Conditions: 50% uphill trekking - 50% downhill offroad riding

Flora: lowland jungle to highland pine forest

Levels: intermediate

Personal fitness: above average

The Bike awaits you at the top



Kids playing at the Hmong village

Take your time in this magical forest

Doi Suthep National Park

Doi Pui Summit 1650 m


**Trip
13**

 Available also
as a 2 day trip !

The Down hill cruise after the hike is ballistic



Trail Grade

Off Road

Trail type

XC
Downhill

Riding style

60 % hiking
40% Downhill

Time %

3hr hiking
2-3 hr riding

Riding Time

MTB
Hard Tail

Bike Type

THE 2 DAY HIGHLANDER RIDE at Doi Suthep National Park

14



Mountain
Cruising

Wake up at a Hmong Hill tribe village "Coffee Plantation" at 1400m elev.

Our mountain base

Coffee plantation



friendly & private



Trail Grade

Off Road

Trail type

XC/uphill
Downhill

Riding style

60 % uphill
40% Downhill

Time %

3-4 hr uphill
2-3 hr downhill

Riding Time

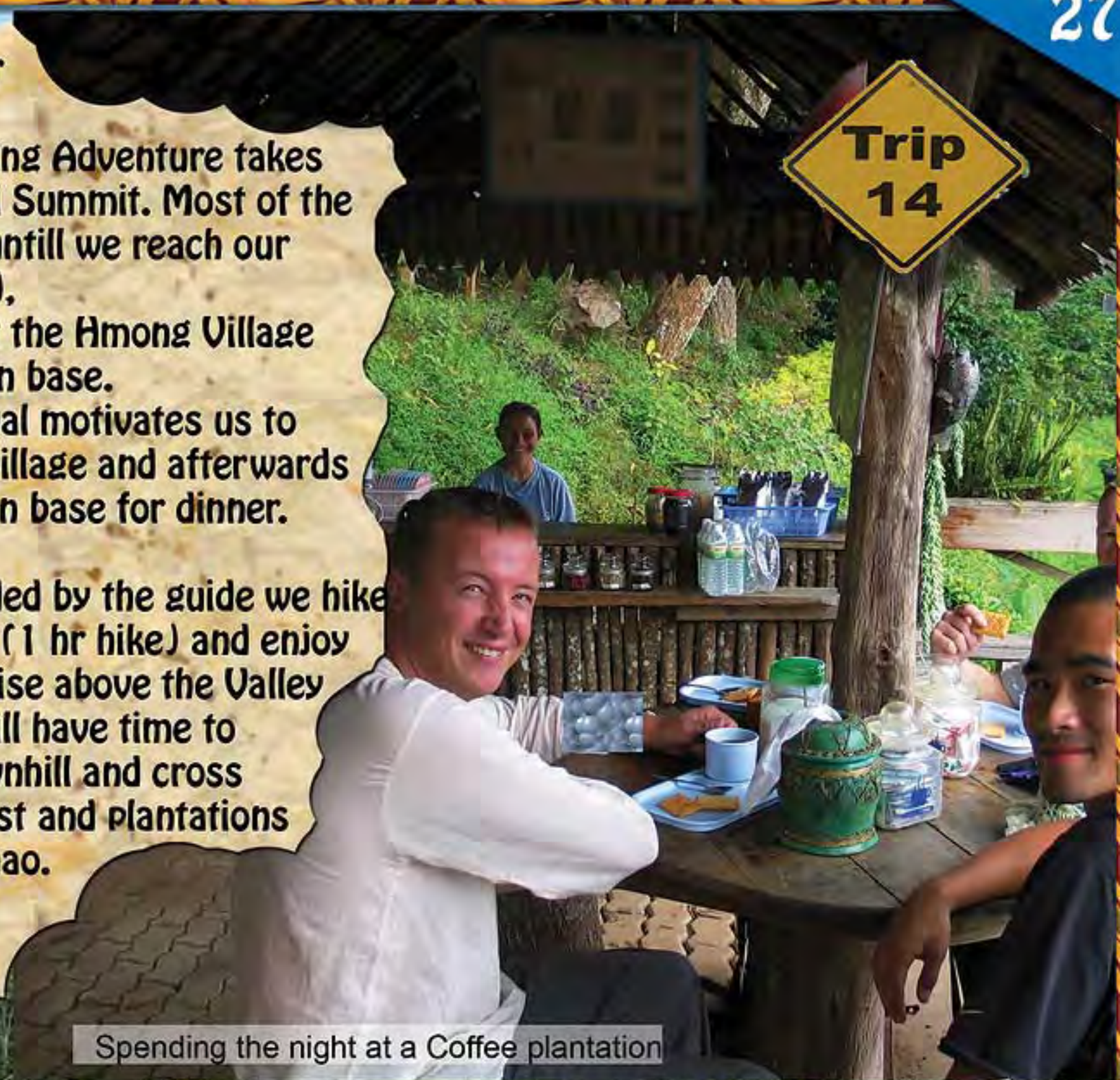
MTB
Hard Tail

Bike Type

2 day Highlander

Our 2 day 1 night Biking Adventure takes us right below Doi Pui Summit. Most of the ride is slightly uphill until we reach our destination (3-4 hrs),
A Coffee plantation at the Hmong Village becomes our mountain base.
A hot shower on arrival motivates us to explore the hill tribe village and afterwards return to our mountain base for dinner.

Day 2, As recommended by the guide we hike up to Doi Pui Summit (1 hr hike) and enjoy the breathtaking sunrise above the Valley
After breakfast we still have time to relax and then its downhill and cross country through forest and plantations to Lake Huay Tung Thao.



Spending the night at a Coffee plantation



Riding undisturbed in pristine nature



Clean Accommodation

THE ELIMINATOR ROUTE 2



**The ultimate
Cross country
Challenge**

Trip Description

Circumnavigate Doi Suthep National Park along its range crest, enjoying the views from the uppermost ridges. Climb steep challenging single track at higher altitudes, then drop into jungle valleys on forgotten off road trails cruising by hill tribe farmland. Conquer the final uphill leg of this extreme ride past the Hmong Village, leading you back towards Chiang Mai while never leaving the forest, plantation and jungle scapes .

When: 9:30 am - 5:30 pm. All year rain or shine

Trip: Circumnavigating Doi Suthep National Park

Location: Upper slopes of Doi Suthep National Park

Biking Time: 40 km, 6 hrs or more

Elevation change: 4000 feet

Riding Conditions: single track, barely used double track

Flora: lowland jungle to highland pine forest

Levels: strong xc riders only

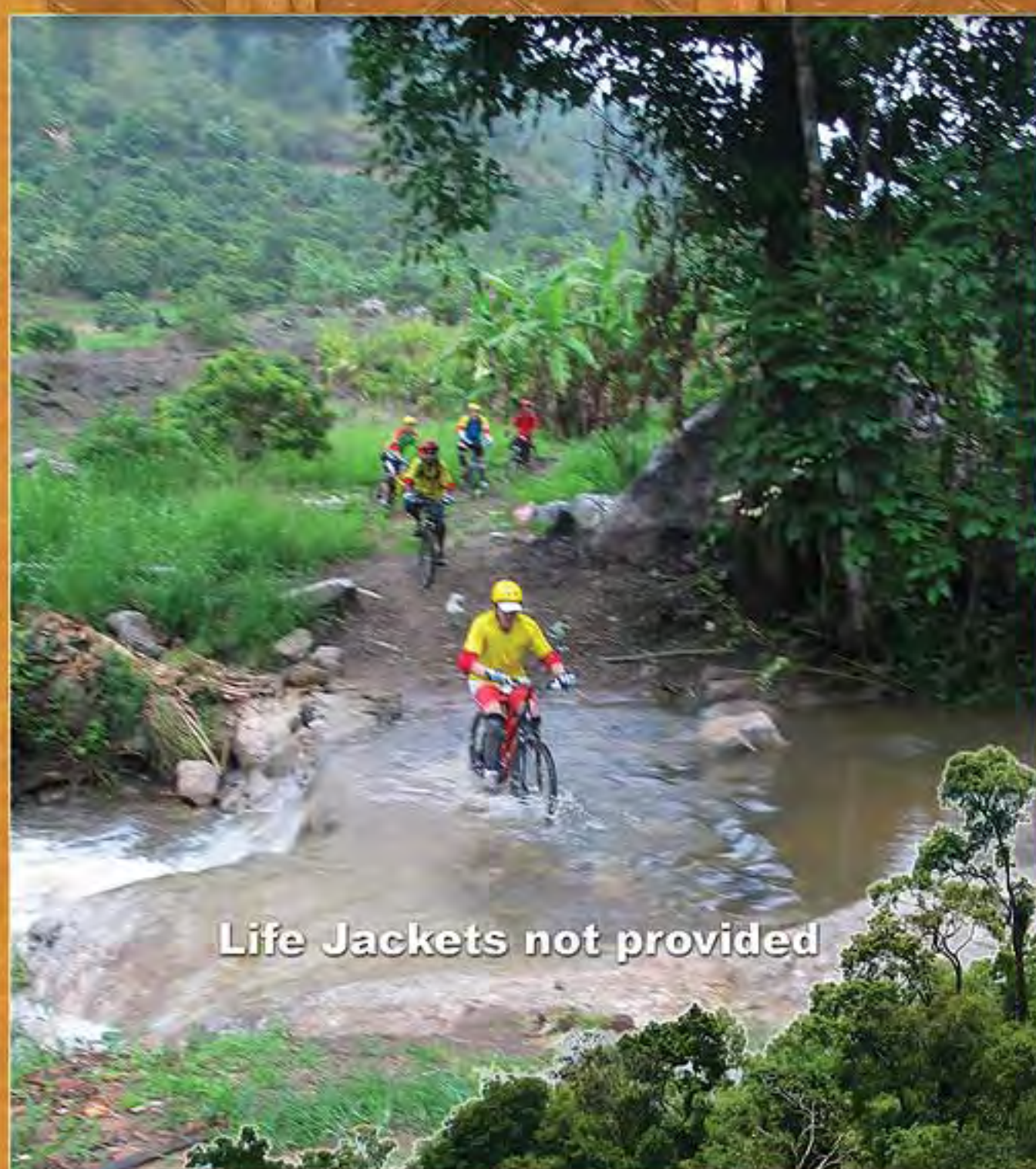
Personal fitness: above average

Hardtail MTB Bike provided





**Trip
6x**



Life Jackets not provided



		Off Road Single track	XC Downhill	60 %XC 40% Downhill	5-6 hrs 35 -40km	MTB Hard Tail
Trail Grade	Trail type	Riding style	Time %	Riding Time	Bike Type	

THE HUNTER'S ESCAPE ROUTES

#4



Downhill
Single Track

Hunters Escape Routes

Ride the longest, the most extreme and best researched downhill single tracks in Thailand and Southeast Asia. Remote and forgotten hill tribe trails are the playground.

Join us and ride with other advanced mountain bikers and our knowledgeable staff riders.

When: DAILY 9:30 am - 3:30 pm. All year rain or shine

Trip: Summit Doi Pui to Chiang Mai /Samoeng

Location: mountain 5400 feet elevation , above Chiang Mai

Biking time: approx. 3 - 4hrs, 25 km (single track)

Elevation change: from 5400 feet (1600m) down to 1200 feet (400m)

Riding Conditions: 100% downhill, 80% technical single track

Flora: pine forest, jungle, plantations

Levels: 4a: , 4b: , 4c:  ,

4d:  4X: 

Personal fitness: good/excellent

WE RIDE EVERY DAY !!

ALL SAFETY GEAR PROVIDED !





THE HUNTER'S ESCAPE ROUTES

*Ride with the best
local riders in Chiang Mai!*



**WE
WANT
YOU!**

Mongoose "Black Diamond"
Downhill BIKE provided



**advanced
downhill
single track**



THE HIMALAYAN ROUTES

Chiang Dao
Mountain
Rides

5,5a
b



XC
Downhill

Trip 5,5a includes an awesome 4x4 drive up to a 5700 foot mountain across from the famous Doi Chiang Dao mountain range, "The last tooth of the Himalayas". From here we depart by mountain bikes along the ridge with magnificent views across to Chiang Dao and into the Mae Taman Valley. We pass by hill tribe villages, enjoy the pine forests, inhaling the cool and crisp air found at this higher altitude. The first gradual descent along the ridge on primitive forest roads heads us south towards the Mae Taman Valley. A small country road finalizes the trip through picturesque farm land where we are greeted by elephants lingering by the river with their young.

5a,b excellent for the strong intermediate mountain biker, this single track option leads the rider through virtually unexplored forest, junglescape and at times, down steep ridges and overgrown paths.

When : 1 day Trip : 9:30 am - 6:30 pm.

Trip: 70 km north of Chiang Mai, Pakia to Mae Taman

Location: mountain 5700 feet elevation, Chiang Dao

Biking time: approx. 3 - 4hrs, 30 km

Elevation change: from 1750m down to 450m

Riding Time %: Trip 5, 60% downhill, 40% XC forgotten dirt road

Trip # 5a mostly single track, spectacular natural setting

Flora: pine forest, jungle, plantations

Levels: intermediate trip 5, advanced single track 5a,

Personal fitness: good



**Trip
5,5a,
b**

The experienced rider will enjoy remote single track



Yes we have time to admire the trees



Info for a new path along the mountain



Off Road
Single track

XC
Downhill

40% XC
60% Downhill

3-4 hrs
30 km

MTB Hard Tail
Mongoose
Downhill MTB

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type



THE 2 DAY HIMALAYAN RIDE



"what a fantastic place"

15



Cross Country
Downhill

Trip
15

Chiang Dao
Mountain
Rides

The 2 Day Himalayan Ride

We bike uphill to the secluded mountain top of Doi Pakia. (4hrs)

Being fully supported by the truck we carry no extra weight.

At the summit we can expect a shower, plenty to eat and a warm bed.

The next day an awesome sunrise propels us to an early start on the ride of your choice.

Trip 5, 5a, and 6



Intermediate Off Road FUN



Why walk when you can ride



Oversleeping the sunrise... not



Welcome Truck support

For the Love of Adventure



We keep looking for new trails for you....



NEW!



*Intermediate
to
advanced*

***Doi Suthep
Downhill
Night Rides***

Hotel pickup 5:30 pm return aprox. 9:30 pm



THE ELIMINATOR ROUTE



Chiang Dao Mountain Rides

6



Extensive
XC Ride

Trip Description

Only the strongest and most fit will endure this long and challenging adventure from Pakia mountain (Chiang Dao) into the upper Pakia Valley down to the Mae Taeng River. Putting all your skills and endurance to the test, we are pushing the envelope in exploration of Thailand's back country. To get an early start for trip # 6 we recommend this as a 2 day ride, with one day riding off road up to Pakia Summit (1750m) and the next day XC, DH riding to Sopkai. Super fit you can do it in 1 day.

When: 1 Day 7 am - 6:30 pm

2 Day : Day1 9:30 am - 4pm Day 2 8 am - 3:30 pm

Trip: 70 km north of Chiang Mai,
Pakia to Mae Taeng Valley by Sopkai

Biking time: 6 - 8 hrs

Elevation change: from 5700 feet (1750m) down to 2600 feet (800m) up to 3200 feet (990m) down to 1600 feet (500m).

Riding Time %: 70 % cross country 30% downhill, barely used dirt road, single track

Flora: pine forest, jungle, plantations, farm land



Passion, Action, Endurance,



Off Road
Single track

XC
Downhill

60 % XC
40% Downhill

6-8 hrs
40km

MTB
Hard Tail

Trail Grade

Trail type

Riding style

Time %

Riding Time

Bike Type

Join our Award Winning Team

What is in the guides pack?

Chain tool
Pump
Multi tool
Spare tubes,
Spare disc brakes
1st Aid Kit
Cell phone/GPS
Cables, brake pads, zip ties
Water, snack
Small tree to plant
Rain gear
.....everything else needed.



A wide verity of bikes



*We know you expect the best in mountain touring
so ride with Thailand's best in the field.*

Aidan



Jay



Lek



Danai



Teaw



Noo



Da



BeBe



Nampung



Kom



See you on the trail!

Voted # 1 in Mountain Biking Thailand

amazing THAILAND



Thank you for riding



HAPPY TRAILS !!

